

無眠者之夢

Nocturne for Insomniacs

For Flute, Clarinet in Bb, Violin, Viola, Cello, Piano, and Percussion

Fang-Wei Luo 羅芳偉

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創作理念

本曲寫於 2018 年春季，時值生活被現實的諸多壓力所吞噬之際。在長時間的異地通勤，掙扎於音樂創作、教學、論文、與經濟方面的各種壓力之下，使我產生輕微的精神耗弱。我嘗試將此人生低潮之經驗作為靈感寫作本曲，除了以聲音表現因失眠而產生的幻聽，也嘗試描繪人在清醒與夢境之間掙扎時所聽見的扭曲聲響。

本曲在縱向與橫向兩方面皆有其建構的主軸，包括了在短暫的樂句中徘徊於清楚與模糊之間的縱向和聲，以及時而持續且時而停滯的橫向聽覺時間。此外，本曲也涵蓋了多元的寫作技法，其中包含了頻譜音樂(spectralism)多彩的音色與和聲結構、中段類似極簡音樂(minimalism)中聲音的漸變與消逝、由支聲複音(heterophony)交織的聲響背景、以及長笛仿日本尺八吹奏的氣音，並引用似梅湘(Olivier Messiaen)作品〈時間終了〉中的兩個小節，隱喻本曲停滯的時間概念。我嘗試將不同的技法與素材融合，嘗試表達樸實的「概念」而非僅是亮麗的「表象素材」，以「虛」為本體，「實」為背景，以此曲作為我探索自身音樂語彙的研究之一。

Notes on Composition

Written in spring 2018, *Nocturne for Insomniacs* is my last piece at UC Davis. The compositional idea derives from the mental condition of psychasthenia, depicting momentary sounds which are heard in a trance. The relatively slow pace and long phrasing focus on the process of sonic decadence and timbral transition.

Instrumentation

Flute

Clarinet in B flat

Violin

Viola

Cello

Piano

Percussion: Chimes (3 tubes only- C4, B4, and C5), vibraphone, and glockenspiel

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♩ = 65

The score is written for a chamber ensemble in 4/4 time. The tempo is marked as ♩ = 65. The key signature has one sharp (F#).

Flute: Starts with a forte (*f*) dynamic, then moves to mezzo-piano (*mp*), piano (*pp*), and pianissimo (*ppp*). It includes instructions for multiphonics (referencing a separate chart), "ord" (order) and "air" (breath) markings, and "whistle tones" indicated by a jagged line above the staff.

Clarinet in B \flat : Starts with a forte (*f*) dynamic and moves to piano (*pp*). It also includes multiphonics instructions.

Violin and Viola: Both start with fortissimo (*ff*) dynamics. The Violin part includes a "harmonic gliss." instruction: "(slightly touch the string and slide slowly)". Both parts feature triplet markings and dynamics ranging from piano (*p*) to pianissimo (*ppp*).

Cello: Starts with a forte (*f*) dynamic and moves to piano (*p*), then piano (*pp*), and finally pianissimo (*ppp*).

Percussion: Features "chimes" starting with a forte (*f*) dynamic. Later, it includes "vibraphone" with a "motor on" instruction and a "bow" marking. Dynamics range from piano (*pp*) to mezzo-piano (*mp*).

Piano: The score includes two piano parts. Both start with fortissimo (*ff*) dynamics and move to pianissimo (*ppp*). They include a "keep same gesture" instruction and a "l.v." (lento) marking. The right hand part includes a fingering of 5. A "Ped" (pedal) instruction is located at the bottom of the piano part.