Norwalk Sim.

Crunchy Leafy
Greens

Greens
Dressed
with Caster Oil

Wash iceberg lettuces, lotus roots, and white radishes thoroughly. Chop

the lettuces, lotus roots and white radishes. Mix together. Dress the salad with caster oil

Main Tuna Sashimi with Electrical Stimulation

on Abdomen

Fresh tuna is sliced into 10cm x 5cm pieces with a sharp knife, and an electrical massage machine is included. Place one

electrode above the belly button and the other below, with the machine pulsing while cutting the tuna.

Raspberry Sorbet



Use a blender to blend water, sugar and raspberries together. Freeze overnight.

Put the juice into the icecream machine for 10 mins.

Serve cold



