

2014 義大利面具工作坊課程期程

◎10/3 星期五

19:00-19:30 - Physical warm up 肢體暖身

19:30-20:00 - group improvisation exercises 集體即興訓練

BREAK 休息

20:10-20:30 - voice warm up 暖聲

20:30-21:00 - Introduction to Trance Masks 介紹半臉面具

21:00-22:00 - Trance Masks session: discovering new mask characters and bringing back to life characters founded in previous trance mask workshops

半臉面具訓練: 挖掘半臉面具的角色特性

◎10/4 星期六

10:00-10:20 - Physical warm up 肢體暖身

10:20- 10:40- Group improvisation 集體即興訓練

10:40-11:10 - Movement and coordination 動作及其調和

11:10-11:30 - Movement segmentation 動作分割訓練

BREAK 休息

11:40-12:10 - Storytelling improvisation 說故事即興

12:10-12:30- Full mask introduction 介紹全臉面具

12:30-13:00- Full mask improvisation 全臉面具即興

BREAK 休息

14:00-14:45- Group improvisation 集體即興訓練

14:45-15:30 - Voice warm up 暖聲

BREAK 休息

15:40-16:40- Trance Mask session: new mask characters, development of established improvisation in couples and groups 半臉面具訓練: 新面具角色, 兩人或多人一組, 藉由即興發展角色。

16:40-18:00 - Full mask, time manipulation, improvisation

全臉面具, 時間控制, 即興

◎Sunday 星期日

10:00-10:20 - Physical warm up 肢體暖身

10:20-10:50 - Group improvisation 群體即興

10:50-11:30 - Music and improvisation 音樂與即興

BREAK 休息

11:40-12:15 - Storytelling improvisation 說故事即興

12:15-12:30 - Introduction to bouffon 丑角介紹

12:30-13:00- Bouffon improvisation in groups with make up and costume. 以化妝及服裝做丑角即興

(Bouffon are the outcast of society and they are ugly, rejected and cursed. They live in the dirt, their life is worth nothing for society, but they can destroy, with their humor and their joy of life, all the lies our lives are build on)

BREAK 休息

14:00-14:30- Group improvisation 群體即興

14:30-14:50 - Voice warm up 暖聲

14:50-16:40 - Trance Mask session: new mask characters, development of established improvisation in couples and groups 半臉面具訓練: 新面具角色, 兩人或多人一組, 藉由即興發展角色。

BREAK 休息

16:50-18:00 Full mask music and improvisation 全臉面具的音樂即興