she has had to escape, each time she

To some extent, we all know how to deal with vexation... It can stem from work,

Haven't we all felt this way before...??? We want to break out of suffocating environments and relationships. We believe we can change our lives and decide

We would rather sit than stand, lie than sit, sleep than stay awake... We don't want to move, so we dispose our rubbish from a prone position. We think properly disposing our rubbish is too much effort, so we leave it aside to accumulate. We would rather let rubbish grow at a single point, than to walk a short distance to dispose of it.

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实践剧场 thetheatrepractice



Director's

我进入(如演员)黑暗与光明之间提问



访导演符宏征与编剧 林孟寰 Interview with **Director** Fu Hong-zheng and Playwright Lin Meng-huan

《野良犬之家》如何在剧本及执行中颠覆典

林孟寰: 在本剧中, 父母角色并未真实出现在 舞台上,却有如幽灵般萦绕着两位主角。 传统华人社会中"君君,臣臣,父父,子子" 充满威权的伦理观,至今仍根深蒂固。当代 青年既渴望完全的自主, 却又渴望被某种 形式的权威所领导,陷入永恒的矛盾。剧中 两位主角试图扭转生命停滞的困境,于是 各自使用了不同的极端暴力,将传统家庭 美好的假象击碎。但解放自我后,是否就能 得到真正的自由?又或者,自由与孤寂, 不过只是刀刃相依的两面, 不断划伤现代人 脆弱的心灵?

How does A Dog's House subvert the conventions of a typical family drama, and how do you bring this to life?

Lin Meng-huan: While the parents never appear on stage, their presence is palpably felt through the Brother and

Sister characters. The traditional Confucian 身体脏到发痒,却不会主动找水洗澡等等。 concept of hierarchy remain deeply entrenched in the ethical outlook of Chinese society even today. Thus, while today's youths dream of freedom and autonomy, they also yearn for guidance in the form of authority, placing them in an eternal paradox. Stagnant and resentful, Brother and Sister try to escape by using violence to shatter the illusion of a perfect traditional family. Yet does this liberation truly bring about real freedom? Or are "freedom" and "loneliness" two sides of the same blade, constantly scratching at the fragile psyche of the modern man?

符导擅长处理身体经验, 藉此发展演员的

符宏征: 表演上, 我们不希望演员用模拟动物的 方式来演出,这也是原作剧本里要求的。我们 选择从发现、挖掘人的动物本能行为, 做为 发展演员肢体动作的基本概念。人做为一种 动物, 最低层的本能行为模式跟动物是非常 相似的。假设没有筷子、汤匙等餐具,我们 可能直接用口喝、舔,或用手抓饭吃。当文明 礼仪建构下的行为规范不再存在,我们的行为 模式会改变。不管我们是宅在家里还是被遗弃 在家里,懒惰的天性再加上缺乏自我约束力, 动物的本能就会出现。我们试图揣摩人如何越 活越像动物的那种无法自我约束的身体行为。 在排练时,演员被要求思考: 你觉得动物会 怎么样?比如大哥跟哥哥玩,咬他、用头顶 他、用身体碰撞他,都是很动物的表现。有部 分则是剧本本来就有,提示演员做一些如动物 般的动作型态。比如哥哥因磨牙需求忍不住咬 鞋带;用汤碗喝牛奶,不用汤匙而用舔的 但并没有说他是像动物一般地去舔。又比如像

不过, 像是剧本中提到大哥的身体长满毛发 这种设定, 我们一方面觉得技术上呈现颇有 难度, 另也觉得有些不真实, 在呈现时改成 剃光头加上刺青,则是反过来更接近人, 而非动物。

As a director, you often utilize the body's experience to develop the physical and vocal vocabulary of the actors. How did you interpret the script's demands for animalistic behaviour? How did you work with the actors during rehearsals to achieve

Fu Hong-zheng: Neither the playwright nor

the creative team wanted our actors to pretend to be animals. Instead, we excavated our psyche to uncover a human's primal state, and used this exploration as a basis for developing movement. Humans are still fundamentally animals, and our primal instincts remain similar to other beasts. For example, without cutlery, we would naturally eat with our hands and mouth. Our behavioural patterns change when the conventions of civilized society no longer exist. Thus it doesn't matter if we choose to be homebodies or are abandoned within the confines of our homes, these animalistic instincts will surface due to our innate laziness and lack of self-discipline. Therefore, we tried to understand how people can slip to a point where their physical behaviour becomes instinctual and uncontrolled like animals.

In rehearsals, we had the actors think about how animals behave in different situations. For example, when the elder brother plays,

he nips at the younger brother and uses his head and body to nudge him - like how animals play. The script also made suggestions for the elder brother's movements - when he grinds his teeth by biting shoelaces, when he drinks milk
without using a spoon (although he never
uses his tongue to lap up the milk), or when he scratches himself because he is dirty. yet does not bathe. However, there were also suggestions we did not use. In the script, the elder brother is very hairy, but this was both difficult to execute, and also did not feel right within the created world. Hence, we decided to give him a shaved head and tattoos instead, to look more human than animal.

作为一名导演,"玩"的精神在你的艺术实践 扮演着什么角色?它如何影响了《野良犬 之家》整体的艺术创作过程?

导演: 我认为"玩"其实是一种放松的精神。 比如在排练场上,从暖身开始,就是为了要让 所有人先达到一种放松的状态, 否则没有办法 尽情去工作。这个玩可以想成是我跟演员时时 刻刻在进行无形的交流。在这样的过程中, 我可以感受到他们带出的生命还有很多潜能, 并将这个感受反馈给他们。《野良犬之家》中 即使是多严肃、多黑暗的表演,都是因为能够 先达到足够的放松,才能进入到黑暗世界 里面,而又可以走出来。因为处在一种放松的

状态里,我们比较可以打破自己对于所谓 "黑暗"的成见、更勇敢的去挖掘相对于正常的 那一面,而不怕被自己的价值观或喜恶影响。

As a director, how do you incorpo

Director: I feel that the spirit of play is actually the spirit of relaxation. During rehearsals, we use warm ups to get people to loosen up and relax, so that they can start work in a neutral state. In fact, this type of play is a form of invisible communication between the actors and myself. Through this process, I can feel the actors' life-force and potential, and reflect this energy back. It is because the actors first reach a state of relaxation, that they are then able to enter the serious and dark world of A Dog's House, and subsequently exit from it. Their neutrality allows them to break through their moral compunctions and explore the other side of "normality" without personal judgment.

想阅读完整专访? 请浏览 Read the full interview with the Director and Playwright here:

www.practice.org.sg/m1patch/dog/interview



创意群

Creative Team

导演 Director

符宏征 Fu Hong-zheng

编剧 Playwright

林孟寰 (大資) Lin Meng-huan (Dazi)

副导演 Assistant Director 譚鈺維 Tan Yu-chaio

舞台设计 Set Designer 廖音喬 Liao Yin-chiao

灯光设计 Lighting Designer 黃申全 Huang Shen-chuan

服装设计 Costume Designer 林恒正 Lin Heng-cheng

音乐设计 Music Designer 許向豪 Jeff Hsu

造型设计 Hair & Makeup Designers

鄭泰忠 Teddy Cheng 吳曉芳 Wu Hsiao-fang

剧本翻译 Script Translator 洪小婷 Ang Xiao Ting (新加坡 Singapore)

演员

Cast

高華麗 Wally Gau 劉嘉騏 Liu Chia-chi

王悅甄 Wang Yueh-chen

巡演制作群 **Touring Production Team**

舞台技術指导 Technical Director 陳人碩 Chen Ren-shuo

巡演舞台监督 Touring Stage Manager 張以沁 Chang Yi-chin

巡演经理 Touring Manager 劉柏珊 Sammie Liu Pao Shan

| 欲了解创意群及演员,请浏览 More about the team at: bit.ly/patchdog

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陈伊琳 Michelle Tan

服装管理 Wardrobe Supervisor 林芝盈 Lim Zhiying

彩妆与发型师及服装助理 Make-up & **Hair Stylist and Dresser** 傅雪灵 Poh Cherylynn

字幕操作 Surtitle Operator 林雪恩 Lim Xue En

舞台助理 Stage Crew

李伟文 Darren Lee 陈彦颖 Auderia Tan 陈亦愷 Tan Yi Kai

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制作经理 Production Manager 林丹凤 Lam Dan Fong

制作助理 Production Assistant 赖靖汶 Lai Jing Wen

节目人员 Festival Crew Chloe

汗丽仪 Marilyn Ang 蔡曜励 Eliezer Chua 魏文强 Raymond Goei

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